ANN JERKINS-HARRIS ACADEMY OF EXCELLENCE

BREAKFAST Menu — November 2026

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	WG LUCKY CHARMS CEREAL BANANA 100% FRUIT JUICE 1% WHITE MILK	NO SCHOOL STUDENTS ELECTION DAY	WG CINNAMON TOAST CRUNCH CEREAL SLICED APPLES 100% FRUIT JUICE 1% WHITE MILK	WG CONFETTI PANCAKES ORANGE 100% FRUIT JUICE 1% WHITE MILK	WG TRIX CEREAL APPLESAUCE 100% FRUIT JUICE 1% WHITE MILK
2	WG CINNAMON CREAM CHEESE BAGEL ORANGE 100% FRUIT JUICE 1% WHITE MILK	WG CONFETTI PANCAKES PEARS 100% FRUIT JUICE 1% WHITE MILK	WG LUCKY CHARMS CEREAL BANANA 100% FRUIT JUICE 1% WHITE MILK	PANCAKE SAUSAGE ON A STICK SLICED APPLES 100% FRUIT JUICE 1% WHITE MILK	Breakfast Pizza Sliced Apples 100% FRUIT JUICE 1% WHITE MILK
3	WG LUCKY CHARMS CEREAL BANANA 100% FRUIT JUICE 1% WHITE MILK	WG STRAWBERRY CREAM CHEESE BAGEL ORANGE 100% FRUIT JUICE 1% WHITE MILK	WG CINNAMON TOAST CRUNCH CEREAL SLICED APPLES 100% FRUIT JUICE 1% WHITE MILK	WG CONFETTI PANCAKES ORANGE 100% FRUIT JUICE 1% WHITE MILK	WG TRIX CEREAL APPLESAUCE 100% FRUIT JUICE 1% WHITE MILK
4	Thanksgiving Break No School				

Reference: NHANES 2017-2018